## NORTH FORT WORTH CENTURIONS' AGREEMENT AND RELEASE OF LIABILITY

1. In consideration of gaining membership or being allowed to participate in the activities and programs of **North Fort Worth** (NFW) Centurions (Dara Harris, DaShawn Harris, Tomas Wrotten, or any staff employed and/or volunteering under NFW Centurions' authority) and to use facilities, equipment, and machinery in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge NFW Centurions (Dara Harris, DaShawn Harris, Tomas Wrotten, or any staff employed and/or volunteering under NFW Centurions' authority) of any and all responsibilities or liability for injuries or damages resulting from my child's participation in any activities or my use of equipment or machinery in the above-mentioned facilities or arising out of my participation in any activities conducted. I do also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to my child, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in an activities of NFW Centurions (Dara Harris, DaShawn Harris, Tomas Wrotten, or any staff employed and/or volunteering under NFW Centurions' authority) or the use of any equipment under the supervision of NFW Centurions (Dara Harris, DaShawn Harris, Tomas Wrotten, or any staff employed and/or volunteering under NFW Centurions' authority) (Your Initials ) 2. I understand and am aware that physical fitness exercise, including the use of equipment, is a potentially hazardous activity. I also understand that fitness activities involve a risk of injury and even death and that my child is voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death. (Your Initials \_\_\_\_\_) 3. I do hereby further declare my child to be physically sound and suffering from no undisclosed condition, impairment, disease, infirmity, or other illness that would prevent my participation in any of these activities and program of NFW Centurions (Dara Harris, DaShawn Harris, Tomas Wrotten, or any staff employed and/or volunteering under NFW Centurions' authority) or use of equipment or machinery except as hereinafter stated. I do hereby acknowledge that I have been informed of the need for a physician's approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that it has been recommended that my child has a yearly or more frequent physical examination and consultation with my physician as to physical activity, exercise and training equipment so that my child might have recommendations concerning these fitness activities and equipment use. I acknowledge that my child have either had a physical examination and have been given any physician's permission to participate, or that I have decided to allow my child to participate in activity and or use of equipment and machinery without the approval of my physician and do hereby assume all responsibility for his/her participation and activities, and utilization of equipment and machinery in his/her activities. (Your Initials \_\_\_\_\_) Parent or Legal Guardian's Name (Print)\_\_\_\_\_\_ Parent or Legal Guardian's Signature Child's Name (Print)

Date\_\_\_\_\_

